



# BIRTH TO 3 PROGRAM

## NEWS FROM THE PROGRAM DIRECTOR

Fond du Lac County's Birth to 3 Program recently completed a Self-Assessment. The Self-Assessment included the review of 10 files and the results of a parent survey in gathering information to inform the self assessment process. The Self Assessment Report was submitted to the State on March 20th and on April 8th the State Birth to 3 Program issued a summary letter. Fond du Lac County's Birth to 3 Self-Assessment Report and the State's response can be found on Fond du Lac County's website [www.fdlco.wi.gov/](http://www.fdlco.wi.gov/). If you would like more information please contact me and I would be happy to speak with you. We work hard to provide effective early intervention services for children with developmental concerns.

### Trip to the Children's Museum of Fond du Lac!!!

If your family is involved in Fond du Lac County's Birth to 3 Program or Family Foundations (POCAN) Program, please join us for a morning at the Children's Museum. We will meet at the Museum on Tuesday, May 26th at 9:30 until 11:30 a.m. A light snack and juice will be provided for the children. There is no cost for families in these programs but pre-registration is required by calling 929-7105.

**REMINDER:** Please remember to cancel appointments with your therapist or service coordinator when your child or someone in your family is ill. Thank you.



### Fond du Lac County

Birth to 3 Program

May/June 2009



Will be here soon!

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## BIRTH TO 3 ON THE WEB



The Birth to 3 Program is on Fond du Lac County's website:

[www.fdlco.wi.gov/](http://www.fdlco.wi.gov/)

1. Departments
2. Social Services
3. Children's Long Term Support Services
4. Under Service Programs:
  - a) Birth to 3  
or
  - b) View Newsletter  
View Assessment

## BIRTH TO 3 SUMMER PICNIC

### SAVE THE DATE:

Our Annual Birth to 3 Summer Picnic will be held on Thursday, June 25, 2009 at Lakeside Park.

We will have toys and games and the train ride is close by.



WHEN: TUESDAY, JUNE 25, 2009

TIME: 5:00 P.M. UNTIL 6:30 P.M.

WHERE: LAKESIDE PARK MAIN ENTRANCE  
(VULCAN GRILL AREA)

Watch your mail for a flyer coming soon

NOTE: If it rains we will hold the picnic in the gym at the Health Care Center.



## BIRTH TO 3 LENDING LIBRARY

For your information, the Birth to 3 Program has a Lending Library with many books, videos, DVD's and CD's for you to check out. We have many resources on subjects, such as speech and language development, sensory processing, autism, Down syndrome, discipline and behavior, feeding, sleeping, hearing, vision, early intervention, parenting, etc.



Please talk to your Service Coordinator to check out any of our materials.

"Birth to 3 has many valuable resources for you to check out"

## HELP WANTED: UMOs—BUILDING BETTER FUTURES

UMOS, Inc., a non-profit social services agency operating Migrant Head Start centers and Migrant Day Care centers in Wisconsin: Berlin, Beaver Dam, Montello, Palmyra, Plainfield, Plymouth, Rice Lake, Redgranite and Wautoma. We are seeking experienced individuals to fill various seasonal positions such as:

- Classroom Teachers—Infants, Toddlers and Preschools
- Child Development Coordinators
- Health Services Workers—requires CNA or similar training
- Center Managers

- Family Services Coordinators—requires prior Human Services or related experience
- Family Services Workers—requires prior Human Services or related experience
- Food Service Managers
- Food Service Assistants
- Bus Driver/Janitors—must have a valid CDL certification with school bus endorsement
- Bus Monitors

Qualifications vary depending on position. Candidates must meet minimum state licensing requirements. Bilingual English/Spanish preferred.

Season runs June—October. Please visit [www.UMOS.org](http://www.UMOS.org) for a complete description and qualification requirement. For more information, please call 877-413-8667 or 920-232-9611. EEO/AA Employer



# NEVER SHAKE A BABY

**She was such a sweet, quiet baby when she came home from the hospital.** She slept through the night after the first week, napped often throughout the day, nursed well. Approaching the first month of life, she became a bit fussy and seemed to need more but mom and dad didn't know that. By three months she had a specific crying time that lasted for several hours each night. She was inconsolable; her diaper was dry, she was fed and burped, nothing was poking her, but she cried so loud. One night when both parents were tired and just wanted to sleep, she started her crying fit. Frustrated, irritated, exhausted, dad held her up by her rib cage and said "Just stop crying" as he gave her three shakes.

**Shaken Baby Syndrome** is a form of abusive head trauma that occurs when a child is shaken. Bleeding begins as a result of torn vessels that connect the brain to the inside of the skull. The developing brain slams back and forth in the head with each shake causing further damage to the fragile, young brain. This is a violent crime that takes only an angry, frustrated caregiver a few seconds to commit, but with information and understanding, it can easily be prevented.

The number one trigger for shaking is to stop the baby from crying. Teaching caregivers that it's OK for the child to cry, that it's their own frustration with the crying that's the problem, may prevent them from doing this irreparable damage. Being prepared before the situation becomes frustrating is the best solution to this very preventable circumstance.

Parents and caregivers must recognize that **babies cry**, sometimes for no apparent reason. I think this is the most important fact to understand. Crying babies seem to be **our** problem. **We** get frustrated and want to quiet the infant, but it's their job to cry. It's absolutely important to make sure that the child is not in some kind of physical distress, but after that, and if soothing techniques (rocking, singing, rubbing her back, taking for a walk in the stroller...) have not helped and you're beginning to feel frustrated, it may be time to place the baby in a safe place and walk away. The crib is a good place for this—use the time the child is in this safe place to calm yourself so you can approach her refreshed.

The baby girl at the beginning of this article has surely suffered serious injury and possibly

death. Her father, despite loving her, in his frustration and ignorance, will be charged with assault or homicide.

I am Sue George and I work as a child and family therapist at Solutions Center. I am available to talk with parents, students, caregivers (in groups or individuals) on coping with the frustrations that accompany caring for crying infants and am dedicated to spreading the word on how to avoid this very preventable cause of injury and death. I can be reached at 923-2253 or online at [sgeorge2253@yahoo.com](mailto:sgeorge2253@yahoo.com).

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## Fond du Lac County

Birth to 3 Program  
459 East First Street  
Fond du Lac, WI 54935  
920-929-6891



## NATIONAL CAPITAL POISON CENTER

**ACT FAST—If you think someone has been poisoned!**

- \* If you find your child with an open bottle of medicine
- \* If your spouse mixes household cleaners and can't stop coughing
- \* If your teenager overdoses
- \* If that liquid in the glass wasn't soda
- \* If you think someone has been poisoned...

**CALL 1-800-222-1222 right away!**

## FOND DU LAC COUNTY IMMUNIZATION CLINICS

### May:

18 (Mon) 4:00—6:00, Mt. Calvary Holy Cross Church  
25 (Mon) 4:00—6:00, City-County Bldg., FDL  
27 (Wed) 4:00—6:00, Ripon High School

### June:

8 (Mon) 2:00—5:00, City-County Bldg., FDL  
22 (Mon) 4:00—6:00, City-County Bldg., FDL

### July:

9 (Thurs) 4:00—6:00, Waupun Hospital  
13 (Mon) 2:00—5:00, City-County Bldg., FDL  
20 (Mon) 4:00—6:00, Mt. Calvary Holy Cross Church  
27 (Mon) 4:00—6:00, City-County Bldg., FDL  
29 (Wed) 4:00—6:00, Ripon High School

### August:

10 (Mon) 2:00—5:00, City-County Bldg., FDL  
24 (Mon) 4:00—6:00, City-County Bldg., FDL

A shot clinic is held in Fond du Lac **by appointment only** on the **last Wednesday of each month from 8:00 A.M. to 11:30 A.M.** To make an appointment or if you have any other immunization questions, please call 929-3085.

